

ANDREW BUSKARD

BHK CSEP CPT

PERSONAL TRAINER, ATHLETE STRENGTH & CONDITIONING SPECIALIST

ACCOMPLISHMENTS

- Current recreational Rugby & Hockey Player
- Robert F. Osbourne Memorial Prize 2011
- University of British Columbia President's Entrance Scholarship 2007
- British Columbia Provincial Examination Scholarship 2006
- St. Georges School, Honors with Distinction graduation standing 2006
- Headmaster's Leadership Award (School Prefect) 2006
- Gold Duke of Edinburgh Award, Young Canadian Challenge 2006
(Presented by HRH Prince Edward the Earl of Wessex)

CERTIFICATES

- UBC Bachelor of Kinesiology 2011
- CSEP- Certified Personal Trainer (valid until) May 2012
- Individualized Exercise Prescription for Aging and Clinical Populations May 2010
- UBC Bodyworks Training Course
- CPR Level C (valid until) 2012
- NCCP Level One Gymnastics Certification 2009
- NCCP (Ice Hockey) Developmental One Certification 2007
- Coaching License (Soccer) - Australia 2007
- NOLS Wilderness First Responder First Aid (32-Hour) 2006
- Slipstream Wilderness First Responder First Aid (32- Hour) 2004
- Vancouver Police Student Challenge 2006