

# SHAWN MACKENZIE

**CSEP–CPT, NSCA, NCCP**

PERSONAL TRAINER, ATHLETE STRENGTH  
& CONDITIONING SPECIALIST

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## ACCOMPLISHMENTS

- Raced Internationally representing Canada throughout North America, Europe and South America
- Has won numerous FIS races
- Completed the Golden Triangle Bike Route: Start at Kooteny Park, down to Radium up to Golden, then past Lake Louise and back to Kooteny Park
- Competed in various sports such as Alpine Ski Racing, Baseball, Motor Cross, DH Mountain Biking, Cross Country Mountain Biking
- CSEP, and NSCA Certified Personal Trainer
- Has worked with numerous professional athletes in various sports
- Level 1 Ski Coach certified by the Canadian Ski Coaches Federation (CSCF)
- Obtained Jason Lang Academic Scholarship